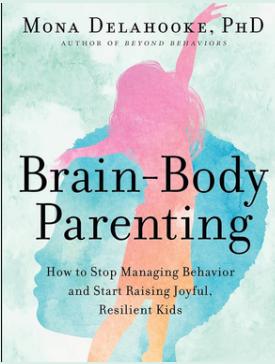


The Baby Fold - Adoption Support and Preservation

# Book Club

**CAREGIVER SUPPORT &  
EDUCATION GROUP**

Are you an adoptive, guardianship, or foster parent struggling with your child(ren)'s behavior, seeking additional support and resources?



Join us in discussing

**Brain-Body Parenting: How to Stop Managing Behavior and Start Raising Joyful, Resilient Kids**  
by Mona Delahooke

A 10-week, virtual group beginning on March 9, 2026

Mondays from 12:00-1:00 pm

Email Melissa at [MLegendre@thebabyfold.org](mailto:MLegendre@thebabyfold.org)  
to register and/or receive additional info!