

APRIL 2026

TBRI® Newsletter

Trust-Based Relational Intervention®
The Baby Fold - Adoption Support and Preservation



WHAT IS TBRI? AN OVERVIEW

The Baby Fold is preparing and currently taking registration for our next TBRI caregiver training. *But what is TBRI?* Here is a brief overview, to serve as an introduction for those who may not know, or as a refresher for those who are already familiar.

Trust-Based Relational Intervention (TBRI) is an attachment-based, trauma-informed approach designed to meet the complex needs of children who have experienced adversity; those who have come from “hard places”. Developed by the Karyn Purvis Institute of Child Development (KPICD), TBRI centers on a simple but powerful idea: healing happens through relationships.

At its core, TBRI is built on three guiding principles: Connecting, Empowering, and Correcting. Connecting strategies on building strong, safe relationships through mindful engagement and attunement. Empowering strategies address physical and emotional needs, ensuring children feel safe and regulated. Correcting strategies then guide behavior in a way that teaches skills, rather than punishes mistakes.

What makes TBRI especially impactful is its practicality. Caregivers, educators, and professionals can use simple tools, like offering choices, practicing active listening, and maintaining consistent routines, to create environments where children feel seen, valued, and secure.

Whether in homes, schools, or communities, TBRI reminds us that behavior is often a form of communication. By responding with empathy and structure, we can help children build trust, develop resilience, and thrive. Small moments of connection can create lasting change! *See right side of newsletter for additional details on upcoming training.*

Additional resources:

[TBRI Animate video](#)

[TBRI Podcast \(also available on Spotify, Apple, etc.\)](#)

[KPICD Resource Library](#)

Coming Soon!

Trust-Based Relational Intervention (TBRI) Classes and Caregiver Support

Join our 8-week virtual training designed for caregivers and professionals working with children from “hard places”. Learn trauma-informed strategies to help children heal, grow, and thrive.

Mondays, 9am-12pm
May 4th through June 29th

[Click here to register!](#)

Current/Ongoing Parent Support Groups at The Baby Fold:

Book Club- Caregiver Support and Education Group (virtual): Join us as we read and reflect on *Brain-Body Parenting* by Mona Delahooke! Mondays 12-1:00 pm, March 9th through May 11th

Wednesday Evening Group (virtual): Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

Wednesday Noon Group (virtual): Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

Dads Sharpen Dads (virtual): A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

Contact Melissa at
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ASAP services, groups, or TBRI.

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