

JULY 2025

TBRI® Newsletter

Trust-Based Relational Intervention®

The Baby Fold - Adoption Support and Preservation



TBRI CHILDREN'S BOOKS

Books can be a fun, engaging, and powerful resource for both adults and children alike. Cindy R. Lee from the HALO project (www.haloprojectokc.com) authored a series of children's books based on the TBRI Life Values. These stories are written to promote connection and help all children in learning skills, but can be particularly helpful for those children "from hard places". Each book includes pages to help guide caregivers in teaching the TBRI Life Value discussed in the book. The books can be purchased on Amazon, and benefit the HALO project, as well as the Karyn Purvis Institute of Child Development. Here are just a couple of examples of the books written by Lee:

It's Tough to Be Gentle: A Dragon's Tale

"Dex has the sweetest heart and the roughest touch. He breaks his toys, has difficulty with personal space, and has an energy level that idles on high! Dex deeply desires to play with a family of baby birds, but his request is denied until he can learn to be gentle and kind. Join this misunderstood dragon as he creatively learns how to have a gentle touch. *It's Tough to Be Gentle: A Dragon's Tale*, helps children understand the gentle and kind concept and the Teaching Tips for Parents provide parents with information on how they can empathize with a child similar to Dex."



The Elephant with Small Ears

"Elly's ears won't grow because she is so scared! Little elephants with small ears can get into all kinds of trouble when they can't hear their parents' instructions. Find out how Elly's parents learn to help her feel safe so her ears can grow. *The Elephant with Small Ears* teaches the concept of "listening and minding" to your child while reminding parents about the importance of connecting with children to help them feel safe. Reading *The Elephant with Small Ears* with your child will help you and your child understand the importance of how traditional parenting techniques are not effective with children from hard places."



Additional resources:

[Description and links to all TBRI Children's Books](#)

[TBRI Life Values free printable](#)

Stay tuned for new
group/class opportunities
coming soon!

Parent Support Groups at The Baby Fold:

Wednesday Evening Group (virtual):

Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

Wednesday Noon Group (virtual):

Provides education and support related to parenting, trauma, and self-care within the context of adoption and foster care. Meets 2x a month.

Dads Sharpen Dads (virtual):

A safe place for dads to share their unique challenges, as well as education and support for each other to be their very best. Meets 2x a month.

Contact Melissa at

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309-557-1149 with any questions about
ASAP services, groups, or TBRI.

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