

## We are excited to present CORE TEEN Classroom Curriculum

A 7 session curriculum presented via the Zoom platform

## **REGISTRATION IS NOW OPEN!**

This state-of-the art program is designed to provide group instruction to foster and adoptive parents to build the skills necessary to meet the needs of youth who have moderate to serious emotional and behavioral health challenges. Although geared to address issues faced by teens, general principles should be applied to parenting children of all ages. Training begins with a comprehensive understanding of the effects of trauma on the brain and ongoing discussions address how to better meet the needs of youth impacted by trauma while meeting your own needs as a caregiver. By registering for this training, you are committing to actively participate virtually on camera and microphone during 7 weekly zoom meetings and through outside reading and self-assessment.

Consecutive Wednesdays beginning January 10, 2024 6:30-9:30 pm

And

Consecutive Mondays beginning January 22, 2024 Monday classes are being offered from 9 am-12 pm and 6:30-9:30 pm

To Register Use the DCFS Foster Parent Portal

https://learning.dcfs.illinois.gov/en/

Questions: DCFSCoreTeen@illinois.gov